

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (313 g) / Portion (313 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 200</b>	
<b>Fat / Lipides 6 g</b>	<b>9 %</b>
Saturated / saturés 0.5 g	<b>3 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium / Sodium 300 mg</b>	<b>13 %</b>
<b>Carbohydrate / Glucides 34 g</b>	<b>11 %</b>
Fibre / Fibres 7 g	<b>28 %</b>
Sugars / Sucres 21 g	
<b>Protein / Protéines 7 g</b>	
Vitamin A / Vitamine A	35 %
Vitamin C / Vitamine C	150 %
Calcium / Calcium	6 %
Iron / Fer	15 %