

Celebrating Your Life Through Mind, Body and Soul



Speakers Bio & Workshops

Monday, June 10, 2013

A National Cancer Survivors
Day event at the ELLICSR:
Health, Wellness & Cancer
Survivorship Centre





KEYNOTE SPEAKER

Karen M. Mustian, PhD, MPH, ACSM, FSBM

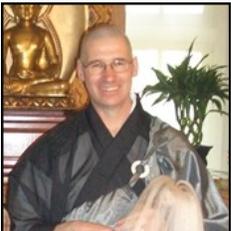
Dr. Karen Mustian is an Associate Professor in the Department of Radiation Oncology Behavioral Medicine Unit of the James P. Wilmot Cancer Center and the Department of Public Health Sciences at the University of Rochester School of Medicine. She received her B.S. and M.S. in Exercise Science from East Carolina University, specializing in athletic medicine and biomechanics, and her Ph.D. in Exercise Science focusing on Exercise Physiology and Psychology from the University of North Carolina Greensboro.



PANEL—FACILITATOR

Michael Marshall

Michael Marshall is a chaplain at the Hospital for Sick Children and priest-in-charge at St Andrew-by-the-lake, Toronto Islands. At the hospital he spends most of his time with families in the Intensive Care Units, but also is engaged in support for staff. He received his undergraduate degree in Arts at the University of Waterloo and his Master of Divinity from the Toronto School of Theology, Trinity College.



PANEL—BUDDHIST PERSPECTIVE

Sensei Taigen Henderson

Sensei Taigen Henderson became an ordained priest in 2004 and was sanctioned as Roshi Graef's first Dharma Heir in June of 2005. At that time he was installed as the abbot of the Toronto Zen Centre, where he continues to teach full time.

PANEL—CHRISTIAN PERSPECTIVE

Sister Mary Carol Lemire, CSJ

Sister Mary Carol Lemire was born and reared in Toronto, where she received all her formal education, including a B.A. from the University of Toronto, and a Masters in Education from OISE. She lead groups for people with terminal illnesses, and now facilitates a group for women who are desirous of living with joy, each day, the gift of life, embracing with faith and trust the struggles of every human life.



PANEL—INDIGENOUS PERSPECTIVE

Alita Sauvé / Es'Tlu Je/ Niinokosiin (Hummingbird)

Residing in Toronto for the last 39 years Alita is a woman of two nations – Tahltan and Cree, she continues to engage in traditional training of both her maternal (Tahltan) and paternal (Cree) bloodlines. Also a descendant of Traditional Medicine Societies both maternally and paternally, Alita has a lifetime of training from both male and female lineage holders of her bloodlines. These beautiful knowledge gifts make it possible for her to share teachings and ceremonies.



PANEL—MUSLIM PERSPECTIVE

Imam Habeeb Alli

Imam Habeeb Alli is the Secretary of Canadian Council of Imams and has authored fifteen books on Islam. He is currently the Community Development Manager at International Development and Relief Foundation.



PANEL—JEWISH PERSPECTIVE

Rabbi Ed Elkin

Rabbi Ed Elkin has been the spiritual leader of the First Narayever Congregation on Brunswick Ave since the year 2000."



WORKSHOP FACILITATORS:

The Cracked Pot / Jeopardy

June Mawhinney and Bob Hunt
University Health Network Spiritual Care

Laughter

Rob Hawke, alumni of The Second City
ELLICSR: Health, Wellness, & Cancer Survivorship Centre

Leaving Your Mark

Raymund Ong
C4 Mural Project

Meditation

Sangye Martin and Jacqueline Larson
Shambhala Meditation Centre of Toronto

Mindful Eating

Wellness Chef Jeremy Capone, & Dietitian Christy Brissette
ELLICSR: Health, Wellness, & Cancer Survivorship Centre

Seated Massage

Pam Hammond and Sylvia Crowhurst
Princess Margaret Cancer Survivorship Centre

Spontaneous Art Journaling

Tiffany Merritt and Janelle Roberts
Toronto Art Therapy Institute

Qi Gong

Yuri Grevtsev
Q Wellness & Gilda's Club Greater Toronto

The Patient Education and Survivorship Programs are supported by
The Princess Margaret Cancer Foundation.