

Nutrition Facts

Servings: 2

Amount per serving

Calories

347

% Daily Value*

Total Fat 5.6g 7%

Saturated Fat 3.1g 15%

Cholesterol 22mg 7%

Sodium 156mg 7%

Total Carbohydrate 59.8g 22%

Dietary Fiber 7.2g 26%

Total Sugars 44.4g

Protein 20.3g

Vitamin D 1mcg 6%

Calcium 390mg 30%

Iron 1mg 7%

Potassium 592mg 13%