

**Nutrition Facts****Valeur nutritive**

Serving Size (31 g) / Portion (31 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 150	
<b>Fat / Lipides</b> 13 g	<b>20 %</b>
Saturated / saturés 4.5 g	<b>23 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 4 mg	<b>1 %</b>
<b>Carbohydrate / Glucides</b> 9 g	<b>3 %</b>
Fibre / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 2 g	
<b>Protein / Protéines</b> 3 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	10 %