

## Nutrition Facts

### Valeur nutritive

Serving Size (201 g) / Portion (201 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 250	
<b>Fat / Lipides</b> 16 g	<b>25 %</b>
Saturated / saturés 3 g + Trans / trans 0 g	<b>15 %</b>
<b>Cholesterol / Cholestérol</b> 185 mg	
<b>Sodium / Sodium</b> 470 mg	<b>20 %</b>
<b>Carbohydrate / Glucides</b> 19 g	<b>6 %</b>
Fibre / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 2 g	
<b>Protein / Protéines</b> 10 g	
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	20 %
Calcium / Calcium	8 %
Iron / Fer	10 %