

**Nutrition Facts****Valeur nutritive**

Serving Size (43 g) / Portion (43 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 130	
<b>Fat / Lipides</b> 6 g	<b>9 %</b>
Saturated / saturés 1 g + Trans / trans 0 g	<b>5 %</b>
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 70 mg	<b>3 %</b>
<b>Carbohydrate / Glucides</b> 17 g	<b>6 %</b>
Fibre / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 9 g	
<b>Protein / Protéines</b> 4 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	10 %
Calcium / Calcium	4 %
Iron / Fer	8 %