

## Nutrition Facts

### Valeur nutritive

Serving Size (58 g) / Portion (58 g)

Amount Teneur		% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 200		
<b>Fat / Lipides</b> 14 g		<b>22 %</b>
Saturated / saturés 1.5 g + Trans / trans 0 g		<b>8 %</b>
<b>Cholesterol / Cholestérol</b> 0 mg		
<b>Sodium / Sodium</b> 180 mg		<b>8 %</b>
<b>Carbohydrate / Glucides</b> 14 g		<b>5 %</b>
Fibre / Fibres 4 g		<b>16 %</b>
Sugars / Sucres 6 g		
<b>Protein / Protéines</b> 8 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		2 %
Calcium / Calcium		4 %
Iron / Fer		15 %