

# Nutrition Facts

8 servings per container

**Serving size**

**Amount Per Serving**

**Calories**

**260**

**% Daily Value\***

**Total Fat** 17g **22%**

Saturated Fat 3.6g **18%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 210mg **9%**

**Total Carbohydrate** 22g **8%**

Dietary Fiber 4g **14%**

Total Sugars 10g

Includes 0g Added Sugars **0%**

**Protein** 10g **20%**

Vitamin D 0mcg **0%**

Calcium 13mg **0%**

Iron 3.78mg **20%**

Potassium 376mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.