

## Nutrition Facts

### Valeur nutritive

Serving Size (194 g) / Portion (194 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories 210</b>	
<b>Fat / Lipides 15 g</b>	<b>23 %</b>
Saturated / saturés 8 g	<b>40 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 15 mg</b>	
<b>Sodium / Sodium 370 mg</b>	<b>15 %</b>
<b>Carbohydrate / Glucides 11 g</b>	<b>4 %</b>
Fibre / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 3 g	
<b>Protein / Protéines 8 g</b>	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	10 %
Iron / Fer	15 %