

Nutrition Facts

2 servings per container

Serving size

Amount Per Serving

Calories

300

% Daily Value*

Total Fat 13g **17%**

Saturated Fat 8.2g **41%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 360mg **16%**

Total Carbohydrate 32g **12%**

Dietary Fiber 5g **18%**

Total Sugars 22g

Includes 0g Added Sugars **0%**

Protein 11g **22%**

Vitamin D 9mcg **45%**

Calcium 390mg **30%**

Iron 2.34mg **15%**

Potassium 470mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.