

## Nutrition Facts

### Valeur nutritive

Serving Size (321 g) / Portion (321 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 400	
<b>Fat / Lipides</b> 17 g	<b>26 %</b>
Saturated / saturés 1.5 g	<b>8 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 360 mg	<b>15 %</b>
<b>Carbohydrate / Glucides</b> 45 g	<b>15 %</b>
Fibre / Fibres 11 g	<b>44 %</b>
Sugars / Sucres 5 g	
<b>Protein / Protéines</b> 23 g	
Vitamin A / Vitamine A	20 %
Vitamin C / Vitamine C	80 %
Calcium / Calcium	40 %
Iron / Fer	40 %