

## Nutrition Facts

### Valeur nutritive

Serving Size (55 g) / Portion (55 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 270	
<b>Fat / Lipides</b> 19 g	<b>29 %</b>
Saturated / saturés 2.5 g + Trans / trans 0 g	<b>13 %</b>
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 4 mg	<b>1 %</b>
<b>Carbohydrate / Glucides</b> 20 g	<b>7 %</b>
Fibre / Fibres 3 g	<b>12 %</b>
Sugars / Sucres 10 g	
<b>Protein / Protéines</b> 8 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	15 %