

Nutrition Facts

Serving size (240g)

Amount Per Serving

Calories **200**

% Daily Value*

Total Fat 13g **17%**

Saturated Fat 2.2g **11%**

Trans Fat 0g

Cholesterol < 5mg **1%**

Sodium 220mg **10%**

Total Carbohydrate 18g **7%**

Dietary Fiber 4g **14%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

Protein 7g **14%**

Vitamin D 0mcg **0%**

Calcium 65mg **4%**

Iron 2.34mg **15%**

Potassium 0mg **0%**

Vitamin A **15%**

Vitamin C **35%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.