

**Nutrition Facts****Valeur nutritive**

Serving Size (382 g) / Portion (382 g)

Amount Teneur		% Daily Value % valeur quotidienne
<b>Calories / Calories 150</b>		
<b>Fat / Lipides</b> 5 g		<b>8 %</b>
Saturated / saturés 0.5 g		<b>3 %</b>
+ Trans / trans 0 g		
<b>Cholesterol / Cholestérol 0 mg</b>		
<b>Sodium / Sodium</b> 550 mg		<b>23 %</b>
<b>Carbohydrate / Glucides</b> 26 g		<b>9 %</b>
Fibre / Fibres 7 g		<b>28 %</b>
Sugars / Sucres 5 g		
<b>Protein / Protéines 3 g</b>		
Vitamin A / Vitamine A		120 %
Vitamin C / Vitamine C		25 %
Calcium / Calcium		6 %
Iron / Fer		10 %