

**Nutrition Facts****Valeur nutritive**

Serving Size (345 g) / Portion (345 g)

Amount Teneur		% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 670		
<b>Fat / Lipides</b> 25 g		<b>38 %</b>
Saturated / saturés 3.5 g		<b>18 %</b>
+ Trans / trans 0 g		
<b>Cholesterol / Cholestérol</b> 0 mg		
<b>Sodium / Sodium</b> 490 mg		<b>20 %</b>
<b>Carbohydrate / Glucides</b> 94 g		<b>31 %</b>
Fibre / Fibres 8 g		<b>32 %</b>
Sugars / Sucres 8 g		
<b>Protein / Protéines</b> 22 g		
Vitamin A / Vitamine A		15 %
Vitamin C / Vitamine C		25 %
Calcium / Calcium		10 %
Iron / Fer		45 %