

Nutrition Facts

Servings: 2

Amount per serving

Calories **444**

% Daily Value*

Total Fat 20.5g **26%**

Saturated Fat 3.5g **18%**

Cholesterol 48mg **16%**

Sodium 390mg **17%**

Total Carbohydrate 16.3g **6%**

Dietary Fiber 6.8g **24%**

Total Sugars 7.9g

Protein 24.9g

Vitamin D 0mcg **0%**

Calcium 109mg **8%**

Iron 2mg **10%**

Potassium 899mg **19%**