

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (285 g) / Portion (285 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 170</b>	
<b>Fat / Lipides 5 g</b>	<b>8 %</b>
Saturated / saturés 0.5 g	<b>3 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium / Sodium 270 mg</b>	<b>11 %</b>
<b>Carbohydrate / Glucides 29 g</b>	<b>10 %</b>
Fibre / Fibres 5 g	<b>20 %</b>
Sugars / Sucres 5 g	
<b>Protein / Protéines 4 g</b>	
Vitamin A / Vitamine A	50 %
Vitamin C / Vitamine C	50 %
Calcium / Calcium	6 %
Iron / Fer	15 %