

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (99 g) / Portion (99 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 190</b>	
<b>Fat / Lipides 1.5 g</b>	<b>2 %</b>
Saturated / saturés 0.3 g	2 %
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 30 mg</b>	
<b>Sodium / Sodium 115 mg</b>	<b>5 %</b>
<b>Carbohydrate / Glucides 42 g</b>	<b>14 %</b>
Fibre / Fibres 3 g	12 %
Sugars / Sucres 15 g	
<b>Protein / Protéines 6 g</b>	
Vitamin A / Vitamine A	20 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	4 %
Iron / Fer	10 %