

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (372 g) / Portion (372 g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 230	
<b>Fat / Lipides</b> 4 g	<b>6 %</b>
Saturated / saturés 0.5 g	<b>3 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 380 mg	<b>16 %</b>
<b>Carbohydrate / Glucides</b> 41 g	<b>14 %</b>
Fibre / Fibres 8 g	<b>32 %</b>
Sugars / Sucres 8 g	
<b>Protein / Protéines</b> 9 g	
Vitamin A / Vitamine A	70 %
Vitamin C / Vitamine C	110 %
Calcium / Calcium	15 %
Iron / Fer	25 %