

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (476 g) / Portion (476 g)	
Amount Teneur	%Daily Value % valeur quotidienne
<b>Calories / Calories</b> 350	
<b>Fat / Lipides</b> 7 g	<b>11 %</b>
Saturated / saturés 1.5 g	<b>8 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 95 mg	
<b>Sodium / Sodium</b> 530 mg	<b>22 %</b>
<b>Carbohydrate / Glucides</b> 52 g	<b>17 %</b>
Fibre / Fibres 4 g	<b>16 %</b>
Sugars / Sucres 3 g	
<b>Protein / Protéines</b> 19 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	8 %
Iron / Fer	40 %