

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (162 g) / Portion (162 g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 180	
<b>Fat / Lipides</b> 5 g	<b>8 %</b>
Saturated / saturés 1 g	<b>5 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 290 mg	<b>12 %</b>
<b>Carbohydrate / Glucides</b> 26 g	<b>9 %</b>
Fibre / Fibres 5 g	<b>20 %</b>
Sugars / Sucres 4 g	
<b>Protein / Protéines</b> 8 g	
Vitamin A / Vitamine A	50 %
Vitamin C / Vitamine C	15 %
Calcium / Calcium	8 %
Iron / Fer	15 %