

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (164 g) / Portion (164 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 320</b>	
<b>Fat / Lipides 7 g</b>	<b>11 %</b>
Saturated / saturés 4 g	<b>21 %</b>
+ Trans / trans 0.2 g	
<b>Cholesterol / Cholestérol 40 mg</b>	
<b>Sodium / Sodium 15 mg</b>	<b>1 %</b>
<b>Carbohydrate / Glucides 62 g</b>	<b>21 %</b>
Fibre / Fibres 6 g	<b>24 %</b>
Sugars / Sucres 30 g	
<b>Protein / Protéines 6 g</b>	
Vitamin A / Vitamine A	35 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	10 %
Iron / Fer	20 %