

| Nutrition Facts | |
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| Valeur nutritive | |
| Serving Size (125 g) / Portion (125 g) | |
| Amount | % Daily Value |
| Teneur | % valeur quotidienne |
| Calories / Calories 150 | |
| Fat / Lipides 4.5 g | 7 % |
| Saturated / saturés 0.5 g | 3 % |
| + Trans / trans 0 g | |
| Cholesterol / Cholestérol 0 mg | |
| Sodium / Sodium 65 mg | 3 % |
| Carbohydrate / Glucides 26 g | 9 % |
| Fibre / Fibres 4 g | 16 % |
| Sugars / Sucres 7 g | |
| Protein / Protéines 2 g | |
| Vitamin A / Vitamine A | 160 % |
| Vitamin C / Vitamine C | 8 % |
| Calcium / Calcium | 4 % |
| Iron / Fer | 6 % |