

| Nutrition Facts | |
|---------------------------------------|----------------------|
| Valeur nutritive | |
| Serving Size (47 g) / Portion (47 g) | |
| Amount | % Daily Value |
| Teneur | % valeur quotidienne |
| Calories / Calories 130 | |
| Fat / Lipides 3 g | 5 % |
| Saturated / saturés 0.1 g | 1 % |
| + Trans / trans 0 g | |
| Cholesterol / Cholestérol 0 mg | |
| Sodium / Sodium 15 mg | 1 % |
| Carbohydrate / Glucides 23 g | 8 % |
| Fibre / Fibres 4 g | 16 % |
| Sugars / Sucres 10 g | |
| Protein / Protéines 4 g | |
| Vitamin A / Vitamine A | 0 % |
| Vitamin C / Vitamine C | 0 % |
| Calcium / Calcium | 2 % |
| Iron / Fer | 8 % |