

## Nutrition Facts

### Valeur nutritive

Serving Size (118 g) / Portion (118 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 240	
<b>Fat / Lipides</b> 10 g	<b>15 %</b>
Saturated / saturés 1.5 g	<b>8 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 20 mg	
<b>Sodium / Sodium</b> 80 mg	<b>3 %</b>
<b>Carbohydrate / Glucides</b> 33 g	<b>11 %</b>
Fibre / Fibres 4 g	<b>16 %</b>
Sugars / Sucres 17 g	
<b>Protein / Protéines</b> 6 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	10 %
Iron / Fer	8 %