

# Nutrition Facts

Servings: 4

Amount per serving

**Calories** **29**

**% Daily Value\***

**Total Fat** 0.1g **0%**

Saturated Fat 0g **0%**

**Cholesterol** 0mg **0%**

**Sodium** 8mg **0%**

**Total Carbohydrate** 8g **3%**

Dietary Fiber 1.4g **5%**

Total Sugars 5.5g

**Protein** 0.2g

Vitamin D 0mcg **0%**

Calcium 18mg **1%**

Iron 0mg **2%**

Potassium 88mg **2%**