

Nutrition Facts

Valeur nutritive

Serving Size (368 g) / Portion (368 g)

| Amount | % Daily Value |
|--------|----------------------|
| Teneur | % valeur quotidienne |

Calories / Calories 260

Fat / Lipides 13 g **20 %**

Saturated / saturés 1.5 g **8 %**
+ Trans / trans 0 g

Cholesterol / Cholestérol 230 mg

Sodium / Sodium 550 mg **23 %**

Carbohydrate / Glucides 8 g **3 %**

Fibre / Fibres 3 g **12 %**

Sugars / Sucres 1 g

Protein / Protéines 30 g

Vitamin A / Vitamine A 8 %

Vitamin C / Vitamine C 30 %

Calcium / Calcium 10 %

Iron / Fer 25 %