

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (362 g) / Portion (362 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 300</b>	
<b>Fat / Lipides 9 g</b>	<b>14 %</b>
Saturated / saturés 1 g	<b>5 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium / Sodium 400 mg</b>	<b>17 %</b>
<b>Carbohydrate / Glucides 48 g</b>	<b>16 %</b>
Fibre / Fibres 12 g	<b>48 %</b>
Sugars / Sucres 6 g	
<b>Protein / Protéines 11 g</b>	
Vitamin A / Vitamine A	35 %
Vitamin C / Vitamine C	180 %
Calcium / Calcium	25 %
Iron / Fer	30 %