

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (246 g) / Portion (246 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 170</b>	
<b>Fat / Lipides 4.5 g</b>	<b>7 %</b>
Saturated / saturés 1 g	<b>5 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium / Sodium 55 mg</b>	<b>2 %</b>
<b>Carbohydrate / Glucides 32 g</b>	<b>11 %</b>
Fibre / Fibres 3 g	<b>12 %</b>
Sugars / Sucres 10 g	
<b>Protein / Protéines 5 g</b>	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	50 %
Calcium / Calcium	4 %
Iron / Fer	10 %