

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (198 g) / Portion (198 g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 150	
<b>Fat / Lipides</b> 10 g	<b>15 %</b>
Saturated / saturés 2.5 g	<b>13 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 185 mg	
<b>Sodium / Sodium</b> 320 mg	<b>13 %</b>
<b>Carbohydrate / Glucides</b> 7 g	<b>2 %</b>
Fibre / Fibres 3 g	<b>12 %</b>
Sugars / Sucres 4 g	
<b>Protein / Protéines</b> 8 g	
Vitamin A / Vitamine A	20 %
Vitamin C / Vitamine C	35 %
Calcium / Calcium	4 %
Iron / Fer	10 %