

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (281 g) / Portion (281 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 230</b>	
<b>Fat / Lipides 9 g</b>	<b>14 %</b>
Saturated / saturés 2 g	<b>10 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 5 mg</b>	
<b>Sodium / Sodium 270 mg</b>	<b>11 %</b>
<b>Carbohydrate / Glucides 31 g</b>	<b>10 %</b>
Fibre / Fibres 4 g	<b>16 %</b>
Sugars / Sucres 4 g	
<b>Protein / Protéines 7 g</b>	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	70 %
Calcium / Calcium	6 %
Iron / Fer	15 %