

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Serving Size (146 g) / Portion (146 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories 100</b>	
<b>Fat / Lipides 4 g</b>	<b>6 %</b>
Saturated / saturés 0.5 g	<b>3 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium / Sodium 250 mg</b>	<b>10 %</b>
<b>Carbohydrate / Glucides 14 g</b>	<b>5 %</b>
Fibre / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 4 g	
<b>Protein / Protéines 3 g</b>	
Vitamin A / Vitamine A	35 %
Vitamin C / Vitamine C	25 %
Calcium / Calcium	4 %
Iron / Fer	8 %