

| <b>Nutrition Facts</b>                 |                      |
|--|----------------------|
| <b>Valeur nutritive</b>                |                      |
| Serving Size (205 g) / Portion (205 g) |                      |
| Amount                                 | % Daily Value        |
| Teneur                                 | % valeur quotidienne |
| <b>Calories / Calories 200</b>         |                      |
| <b>Fat / Lipides 6 g</b>               | <b>9 %</b>           |
| Saturated / saturés 1 g                | <b>5 %</b>           |
| + Trans / trans 0 g                    |                      |
| <b>Cholesterol / Cholestérol 60 mg</b> |                      |
| <b>Sodium / Sodium 390 mg</b>          | <b>16 %</b>          |
| <b>Carbohydrate / Glucides 17 g</b>    | <b>6 %</b>           |
| Fibre / Fibres 3 g                     | <b>12 %</b>          |
| Sugars / Sucres 3 g                    |                      |
| <b>Protein / Protéines 23 g</b>        |                      |
| Vitamin A / Vitamine A                 | 80 %                 |
| Vitamin C / Vitamine C                 | 50 %                 |
| Calcium / Calcium                      | 8 %                  |
| Iron / Fer                             | 20 %                 |