A NEWSLETTER FOR PATIENTS, FAMILIES, STAFF AND COMMUNITY MEMBERS





ELLICSR: Health, Wellness & Cancer Survivorship Centre Newsletter

Cancer Answers

Community Connections at **ELLICSR**

Meet the Community Connections Supportive Care **Organizations**

Cancer Answers

By: Karen Lawrie, Research Associate, Cancer Education Program, Princess Margaret Cancer Centre and Anna D'souza, Research Analyst, Cancer Education Program, Princess Margaret Cancer Centre



You may have questions related to cancer care such as:

- "How do I cope with nausea?"
- · "Where can I find information about radiation treatment?" and
- "Where can I find information about support groups?"

Princess Margaret Cancer Answers (PM Cancer Answers) is a search engine to help you find trusted, high quality information. PM Cancer Answers includes content developed by Princess Margaret, Canadian Cancer Society and other trusted cancer organizations.

Many people rely on a Google search or other Internet search engines to find answers to their cancer related questions. But it can be hard to know which search results are based on facts, and which results are based on an opinion. This can leave many people feeling uncertain about the information they find online.

Princess Margaret Cancer Answers is easy to use. You can search for a specific topic using the search bar. You can also explore the site by browsing a defined group of topics. You can access Princess Margaret Cancer Answers on a desktop computer, smartphone or tablet. The trusted information is also provided in many forms including:

- · Brochures in PDF format
- Videos
- Audio books/CDS
- Links to other websites

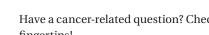












Have a cancer-related question? Check out www.pmcanceranswers.ca to find trusted information at your fingertips!

If you have any feedback on how to improve PM Cancer Answers, please feel free to contact the Cancer Education team at janet.papadakos@uhnresearch.ca



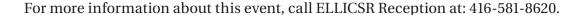
Patient Education

Join other cancer survivors, caregivers and friends at ELLICSR: Health, Wellness & Cancer Survivorship Center for Community Connections!

Community Connections is a regular event at ELLICSR that is held on the third Thursday of every month.

Stop by Community Connections to:

- Get to know the supportive care organizations in your community
- Attend workshops and programs
- Meet other people affected by cancer







Community Connections at ELLICSR

Thursday October 21, 2018 9:30 am - 1:30 pm

Meet Community Partners

Drop by the community booth to meet a representative from national cancer care organizations to hear about programs and resources available in your community. You can visit anytime from 9:30 am - 12:30 pm.

12:15 pm – 1:15 pm

ELLICSR Kitchen: Cooking for Health

Join our wellness chef and registered dietitian to get cooking tips and learn about healthy eating.

Cooking samples always provided!

The next Community Connections is: Thursday November 15, 2018, 9:30 am to 1:30 pm

ELLICSR: Health, Wellness & Cancer Survivorship Centre

Located in the Toronto General Hospital. From the University Avenue entrance of Toronto General Hospital (near Starbucks), take the Munk elevators down to basement level (B). Follow the signs to ELLICSR.

Meet the Community Connections Supportive Care Organizations

Art for Cancer Foundation

416-763-8752 www.artforcancerfoundation.org



Bikur Cholim

416-783-7983 www.bikurcholim.ca

Bladder Cancer Canada

1-866-674-8889 www.bladdercancercanada.org

Canadian Breast Cancer Foundation

1-888-778-3100 support.cbcf.org

The Canadian Cancer Society

1-888-939-3333 www.cancer.ca

The Colorectal Cancer Association of Canada (CCAC)

416-920-4333 www.colorectal-cancer.ca

The Canadian Amyloidosis Support Network

905-787-999 or 1-877-303-4999 info@thecasn.org

Dr. Jav Children's Grief Centre

416-360-1111

www.drjaychildrensgriefcentre.ca

Gilda's Club Greater Toronto

416-214-9898

www.gildasclubtoronto.org

Kidney Cancer Canada

1-866-598-7166 www.kidneycancercanada.ca

Leukemia & Lymphoma Society of Canada (LLSC)

647-253-5503 or 1-877-668-8326 x5503 www.llscanada.org

Lung Cancer Canada

416-785-3439 or 1-888-445-4403 www.lungcancercanada.ca

Lymphoma Foundation Canada

1-866-659-5556 www.lymphoma.ca











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Melanoma Network of Canada (MNC)

289-242-2010

www.melanomanetwork.ca



416-730-0025

www.nannyangelnetwork.com

The Olive Branch of Hope

416-256-3155 or 1-877-251-0770 olivebranch@theolivebranch.ca www.theolivebranch.ca



Ovarian Cancer Canada

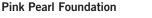
1-877-413-7970 x231 www.ovariancanada.org

Ovarian Cancer Peer Support Network Greater Toronto Area

www.ovCAPeers.com



1-888-726-2269 www.pancreaticcancercanada.ca



www.pinkpearlfoundation.org

POGO

416-592-1232 www.pogo.ca

Prostate Cancer Canada

416-441-2131 or 1-888-255-0333 www.prostatecancer.ca

Rebounders

905-338-1530 www.rebounders.ca

Rethink Breast Cancer

www.rethinkbreastcancer.com

Testicular Cancer

519-894-0134

www.testicularcancercanada.ca

Thyroid Cancer Canada

416-487-8267

www.thyroidcancercanada.org

Waldenstrom's Macroglobulinemia Foundation of Canada (WMFC)

905-337-2450

Wellspring Cancer Support Network 416-961-1928 www.wellspring.ca































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As Ontario's leading provider of client centred health care solutions, we are committed to providing clients with integrated services that seamlessly adapt to their current and future health care needs.

Our diverse health care solutions include:

Home Health Care Services



Our home health care division, **Spectrum Health Care**, can provide you or your loved one with:

- Nursing
- Personal and Home Support
- Palliative and Advanced Illness Care
- · Wound and Ostomy Care
- Physiotherapy
- Foot Care
- Family Caregiver Support
- Immunization Clinics

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Patient Transfer Services



Our non-urgent patient transfer division, **Spectrum Patient Services**, can provide you or your loved one with:

- Stretcher Transfer Services
- Pediatric Transfer Services
- Wheelchair Transfer Services
- Dialysis Transfer Services
- Bariatric Transfer Services
- Hospital and Patient Shuttle Services

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Companion Services





Our non-medical seniors home care division, **Seniors for Seniors**, can provide you or your loved one with:

- Driver Companions
- Live-In/Drop-In Companions
- Overnight Companions
- Hospital Bedside Companions
- Handypersons
- House Cleaners

seniorsforseniors.ca • 1.844.422.7399







